

# Czech-German Staff Week 2025

## Mindful internationalisation and inclusion

### Programme

June 2 - 6, 2025

Monday June 2nd	TIME	Day 1 Amberg, Germany (OTH Amberg-Weiden, Kaiser-Wilhelm-Ring 23, 92224 Amberg)
<b>Afternoon Session from 12:00</b>	12:00 13:00 13:30 15:00 16:00 18:00	<b>MB/UT faculty building, 2. floor, room: Großer Senatssaal</b>  Registration, Light Lunch Welcome by OTH AW representatives Presentation of OTH AW, UWB + EUPeace Alliance Participants' presentations of their institutions Coffee Break and Meeting with faculty representatives Campus Tour and City Center Tour Dinner - Restaurant „Bootshaus“ (Schiffbrückgasse 11)
Tuesday June 3rd		Day 2 Pilsen, Czech Republic (Západočeská univerzita v Plzni, Univerzitní 8/2732, 306 14 Plzeň)
<b>Morning session From 8:00</b>	8:00 10:00 12:00	Departure from Amberg to Pilsen <b>Bus stop “OTH Amberg” at Kaiser-Wilhelm-Ring</b>  Presentation and Workshop, UWB Information and Counselling Centre and Ombudsman Light Lunch
<b>Afternoon session</b>	13:00 15:00 16:30 18:30 20:00	Language Inclusion (Czech language): UWB Institute of Applied Language Studies City Center Tour – <i>from UWB campus to Brewery</i> Pilsner Urquell Brewery Tour (optional) Dinner Departure to Amberg

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Wednesday June 4th		Day 3 Amberg + Weiden, Germany
<b>Morning session</b> From 9:30	8:00	Take a breath – morning walk or yoga (optional) <b>MB/UT faculty building, 3. floor, room: 302</b>
	9:30	Workshop “Vitality for Performance - from time management to energy management” by Prof. Jan von Zwieten, Rector of Netherlands Business Academy
	12:30	Lunch
<b>Afternoon session</b>	13:30	Workshop “Vitality for Performance” by Prof. Jan von Zwieten
	17:00	Trip to Weiden
	18:00	Campus Tour, Social Event KOMOpivo (Beer tasting)
	21:00	Departure to Amberg
Thursday June 5th		Day 4 Pilsen, Czech Republic
<b>Morning session</b> From 8:00	8:00	Departure from Amberg to Pilsen <b>Bus stop “OTH Amberg” at Kaiser-Wilhelm-Ring</b>
	10:00	Workshop “Vitality for Performance” by Prof. Jan von Zwieten
	12:30	Light Lunch
<b>Afternoon session</b>	13:30	Workshop “Vitality for Performance” by Prof. Jan von Zwieten
	16:00	Campus tour
	17:00	Free time
	19:30	Departure to Amberg
Friday June 6th		Day 5 Amberg, Germany
<b>Morning session</b> From 9:00	8:00	Take a breath – morning walk or yoga (optional)
	9:00	<b>Container on the campus site</b> Workshop "Mental Health at Universities" using the method Lego® Serious Play®
	11:30	Conclusion, Feedback
	12:00	Lunch and Farewell